# **PWP 2017**

| Timetable   | Tuesday 03/10/2017                   | Presenter      | Chairman    |
|-------------|--------------------------------------|----------------|-------------|
| 18:30-19:00 | Opening Ceremony &                   |                |             |
|             | Joseph Rutenfranz Lecture            |                |             |
| 19:00-19:45 | Muscular Activation and children     | Kotzamanidis C | Armstrong N |
|             | fatigability, Central and peripheral |                | Ratel S     |
|             | Factors                              |                |             |

| Timetable   | Wednesday 04/10/2017  | Presenter           | Chairman     |
|-------------|---|---------------------|--------------|
| 08:00-09:00 | Poster presentation   |                     |              |
| 09:00-09:30 | Hydration for young athletes:   | Falk B              | Rowland T    |
|             | When, what, how much.   |                     |              |
| 09:30-10:45 | Oral session: Exercise and disease  |                     | Kotzamanidis |
|             |   |                     | C, Nixon P   |
| 9:30        | The hemodynamic and pulmonary effects of  | Takken T            |              |
|             | acute high altitude exposure at rest and  |                     |              |
|             | during exercise in children, adolescents and  |                     |              |
|             | young adults with complex congenital heart  |                     |              |
| 0.45        | disorders The everyon untilse officiency slone is not a                                   | Williams CA         |              |
| 9:45        | The oxygen uptake efficiency slope is not a valid measure of aerobic capacity in children | Williams CA         |              |
|             | with cystic fibrosis  |                     |              |
| 10:00       | A modified Wingate anaerobic test may be  | PantanowitzM        |              |
| 10.00       | used for the evaluation of Growth hormone   | T diffdiffo Witzivi |              |
|             | secretion in children with short stature  |                     |              |
| 10:15       | Scaling maximum oxygen uptake for thigh   | Tomlinson O         |              |
|             | muscle volume in children with cystic   |                     |              |
|             | fibrosis  |                     |              |
| 10:30       | Exercise intensity and post-exercise  | Sletten N           |              |
|             | endothelial function in children  |                     |              |
| 10:45-11:15 | Coffee break  |                     |              |
| 11:15-13:15 | Oral session: Competitive sports  |                     | Williams CA  |
|             |   |                     | Malm C       |
| 11:15       | Examining the influence of the relative age   | Donovan D           |              |
|             | effect on team selection during adolescence   | ~                   |              |
| 11:30       | Aerobic and anaerobic fitness in school-age   | Caldwell H          |              |
| 11.45       | children: are they metabolic non-specialists?   | D 7 -1 C            |              |
| 11:45       | The genetic basis for the dominance of  | Ben-Zaken S         |              |
|             | Israeli long-distance runners of Ethiopian  |                     |              |
| 12:00       | origin  Comparison of condigracapiratory responses to                                     | Baquet G            |              |
| 12:00       | Comparison of cardiorespiratory responses to  | Daquet O            |              |

|             | continuous and intermittent exercises in   |                      |                          |
|-------------|--|----------------------|--------------------------|
|             | children   |                      |                          |
| 12:15       | Noise or Signal? Cardiorespiratory Stability<br>and Volatility During Exercise in Pre- and<br>Late-Pubertal Boys                         | Bar-Yoseph R         |                          |
| 12:30       | Biomechanical characteristics of overweight and obese children during five different walking and running velocities                      |                      |                          |
| 12:45       | Acute effects of high and moderate intensity interval running on the neural and vascular components of baroreflex in adolescents         | Oliveira R           |                          |
| 13:00       | Evaluation of the 3-min all-out running field-<br>test and calf-muscle deoxygenation in<br>adolescent orienteers                         | Nimmerichter A       |                          |
| 13:15-14:15 | Lunch  |                      |                          |
| 14:30-15:00 | Poster presentation  |                      |                          |
| 15:00-16:00 | Tools to assess fitness and performance in children: Laboratory vs. field testing?   | Takken T<br>Barker A | Armstrong N              |
| 16:00-16:30 | Coffee break   |                      |                          |
| 16:30-18:30 | Oral session: Movement patterns and rehabilitation in children   |                      | Vrabas I<br>Cristoulas K |
| 16:30       | Musculoskeletal pain and joint loading in overweight children: The quest for activities that reduce pain and increase physical activity. | Baltzopoulos V       |                          |
| 17:00       | Imbalanced adaptation between muscle and tendon in adolescent: Increase the risk of tendinopathy?  | Arampatzis D         |                          |
| 17:30       | Developmental Coordination Disorder: The, not so magical world, of young Mr. Bump, Associate Professor (Motor Coordination Disorders).   | Kourtesis T          |                          |
| 18:00       | Movement disorders in children: the path from diagnosis to successful rehabilitation   | Zafeiriou D          |                          |
| 19:00-20:00 | Dinner   |                      |                          |
| 20:00-20:30 | Continental Greek folk Dances  |                      |                          |
|             | Society for Pierianstudies   |                      |                          |
|             | "EstiaPieridonMousson"   |                      |                          |

| Timetable | Thursday 05/10/2017                        |  |
|-----------|--|--|
|           | All day trip visiting Dion Museum, Olympus |  |
|           | and Meteora Monasteries.                   |  |
|           | Box Lunch will be available                |  |
| 20:00     | Dinner                                     |  |

| Timetable    | Friday 06/10/2017  | Presenter                | Chairman                         |
|--------------|--|--------------------------|----------------------------------|
| 07:00- 08:00 | PES Editorial board meeting  | (invited by Prof. Falk)  |                                  |
| 08:00-09:00  | Poster presentation  |                          |                                  |
| 09:00-09:30  | Nutrition and eating disorders in young athletes   | Sundgot-<br>Borgen J     | Klentrou P                       |
| 09:30-10:30  | Oral session: Exercise & Bone  |                          | Baxter-Jones A Sundgot- Borgen J |
| 9:30         | The role of body composition and physical activity in adolescence on bone accrual in young adulthood.                        | Baxter-Jones A           |                                  |
| 9:45         | The impact of weight-bearing and aquatic sports on bone density gains among male adolescents: 18 months of follow-up         | Fernandes<br>Romulo A    |                                  |
| 10:00        | Longitudinal adaptations of bone mass, geometry, and metabolism in adolescent male athletes: The PRO-BONE Study.             | Vlachopoulos<br>D        |                                  |
| 10:15        | Effect of a 9-month progressive jump intervention programme on bone outcomes in adolescent male athletes: The PRO-BONE study | Vlachopoulos<br>D        |                                  |
| 10:30-11:00  | Coffee break   |                          |                                  |
| 11:00-12:00  | Legend session: The biological basis of physical activity during childhood   | Rowland T                | Falk B                           |
| 12:00-13:00  | Oral session: Physical activity  |                          | Pfeiffer K A<br>Barker A         |
| 12:00        | Prevalence of objectively measured sedentary behaviour in toddlers and preschoolers: A systematic review                     | Rodrigues<br>PereiraJ.R. |                                  |
| 12:15        | Characterizing preschoolers' indoor physical activity: Validation of bluetooth proximity tagging                             | Clevenger K              |                                  |
| 12:30        | The role of growth on fundamental  | Tait T                   |                                  |

|                 | movement skills development.   |                   |           |
|-----------------|--|-------------------|-----------|
| 12:45           | Correlates of preschool children's   | Schmutz E         |           |
|                 | objectively measured physical activity and   |                   |           |
|                 | sedentary behavior: a cross-sectional analysis                                     |                   |           |
|                 | of the SPLASHY study   |                   |           |
| 13:00-14:00     | Lunch  |                   |           |
| 14:00-14:30     | Poster presentation  |                   |           |
| 14:30-15:00     | The promise of genomics and epigenetics  | Radom-Aizik S     | Nemet D   |
|                 | studies in pediatric exercise research   |                   |           |
| 15:00-16:15     | Oral session: Exercise in children with  |                   | Takken T  |
|                 | disabilities   |                   | McManus A |
| 15:00           | A novel tool to quantify and promote   | Lankhorst K       |           |
|                 | physical activity in youth and ambulatory  |                   |           |
|                 | youth with a motor disability  |                   |           |
| 15:15           | Biomechanical differences in low obstacle  | Kotzamanidou      |           |
|                 | clearance between children with and without  | M                 |           |
|                 | Cerebral Palsy   |                   |           |
| 15:30           | Children and adolescents with moderate to  | Wouters M         |           |
|                 | severe intellectual disabilities have poor   |                   |           |
|                 | physical fitness   | T. MCM            |           |
| 15:45           | Holistic fitness intervention program for  | LimMC M           |           |
|                 | persons with intellectual disabilities – a   |                   |           |
| 16:00           | community pilot programme with SG Enable Child Maltreatment and Motor Coordination | Wade T            |           |
| 16:00           |  | wade 1            |           |
| 1 < 1 7 1 < 4 7 | Deficits among Preschool Children  |                   |           |
| 16:15-16:45     | Coffee break   |                   | E II D    |
| 16:45-19:00     | Year That Was – Coordinated by Bareket   |                   | Falk B    |
|                 | Falk   |                   |           |
| 19:00-20:00     | Dinner   |                   |           |
| 19:45-20:30     | PWP Board Meeting  | (invited by Prof. |           |
|                 |  | Armstrong)        |           |
| 20:30           | Greek Folk Dances (Pontian Group)  |                   |           |

| Timetable   | Saturday 07/10/2017                               | Presenter | Chairman     |
|-------------|---|-----------|--------------|
| 08:00-09:00 | Poster presentation                               |           |              |
| 09:00-09:30 | 2:00-09:30 The Oded Bar- Or lecture: Exercise and |           | Kemper H     |
|             | childhood obesity – 15 years of clinical          |           |              |
|             | experience  |           |              |
| 09:30-10:45 | Oral session: Adiposity                           |           | Jürimäe J    |
|             |   |           | Katzmarzyk P |
| 9:30        | Effectiveness of individual versus group          | Farpour-  |              |
|             | programs to treat obesity and reduce              | Lambert N |              |

|             | cardiovascular disease risk factors in pre-                                       |                   |                                       |
|-------------|---|-------------------|---------------------------------------|
|             | pubertal children   |                   |                                       |
| 9:45        | Does childhood and adolescent physical  | Barbour-Tuck E    |                                       |
|             | activity influence fat mass accrual in  |                   |                                       |
| 10.00       | emerging adulthood?   | 0.1 1.0           |                                       |
| 10:00       | Tibial impact accelerations in gait of primary                                    | Orland G          |                                       |
|             | school obese children: the effect of age, speed and visual biofeedback            |                   |                                       |
| 10.15       | Effect of the "Girls on the Move"   | Pfeiffer K A      |                                       |
| 10:15       | intervention on adiposity outcomes among  | Ficiliti K A      |                                       |
|             | underrepresented girls: A group randomized  |                   |                                       |
|             | trial   |                   |                                       |
| 10:30       | Association between physical activity,  | Sousa-Sá E        |                                       |
| 10.50       | sedentary behaviour and adiposity and retinal                                     |                   |                                       |
|             | microvasculature in children and  |                   |                                       |
|             | adolescents: A systematic review  |                   |                                       |
| 10:45-11:15 | Coffee break  |                   |                                       |
| 11:15-12:15 | <b>Legend Session: Controversies and future</b>                                   | Armstrong N       | Williams C A                          |
|             | directions in youth aerobic fitness   |                   |                                       |
| 12:15-13:30 | Oral session: Neuro-muscular  |                   | Zaferidis A                           |
|             |   |                   | Panoutsakopou                         |
|             |   |                   | los V                                 |
| 12:15       | Does plyometric training affect stiffness   | Bassa E           |                                       |
|             | during drop jumps in prepubescent girls?  |                   |                                       |
| 12:30       | Does Plyometric Training Increase Motor-  | Dotan R           |                                       |
|             | Unit Recruitment Capacity in Children?  | <b>D</b> 111      |                                       |
| 12:45       | The H-reflex during a sustained submaximal  | Papavasiliou      |                                       |
|             | isometric fatiguing contraction in girls and                                      | A                 |                                       |
| 12.00       | Women  Carabral and muscle avviganation during                                    | Antonomoulos      |                                       |
| 13:00       | Cerebral and muscle oxygenation during maximal and submaximal isometric fatiguing | Antonopoulos<br>C |                                       |
|             | contraction in children and young adults  |                   |                                       |
| 13:15       | Dynamic gear ratio in children and adults   | Baltzopoulos V    |                                       |
| 13.13       | during walking and implications for muscle  | Buitzopoulos      |                                       |
|             | mechanical efficiency   |                   |                                       |
| 13:30-14:15 | Lunch   |                   |                                       |
| 14:15-14:45 | Poster presentation   |                   |                                       |
| 14:45-15:15 | The ideal model of a citizen in the Ancient                                       | Karafillis G      | Bassa E                               |
|             | Greece  |                   | Kara M                                |
| 15:15-15:45 | Youth's physical activity in moderation:  | Albanidis E       | Bassa E                               |
|             | Health perspectives of Helenic antiquity.   |                   | Kara M                                |
| 15:45-16:15 | Exercise and diabetes during the  | Dipla K           | Patikas D                             |
|             | developmental years   | *                 |                                       |
| 16:15-16:45 | Coffee break  |                   |                                       |
| 16:45-18:15 | Oral session: Physical activity   |                   | Tremblay M                            |
| 10.10 10.10 | Simi sussion i njolom don ing   | I                 | · · · · · · · · · · · · · · · · · · · |

|             |  |                               | Biltz G |
|-------------|--|-------------------------------|---------|
| 16:45       | The crux of the cut-point choice for the objective assessment of preschoolers' physical activity   | Leeger-<br>Aschmann C         |         |
| 17:00       | Relationship Between Meeting 24-hour<br>Movement Guidelines and Cardiometabolic<br>Risk Factors in Children                              | Katzmarzyk P                  |         |
| 17:15       | Peak oxygen uptake cut points for identification of increased cardiometabolic risk in children aged 9–11-years – the PANIC Study         | Haapala E                     |         |
| 17:30       | Associations between patterns across the activity spectrum and children's and adolescents' cardio-metabolic health: A  Systematic Review | Verswijveren<br>Simone J.J.M. |         |
| 17:45       | Associations between physical fitness and health among school-aged youth: An analysis using the Canadian Health Measures Survey          | Tremblay M                    |         |
| 18:00       | Correlates of cardiorespiratory fitness and their interrelationships in children and adolescents   | Joensuu L                     |         |
| 18:15-18:45 | Award presentation   |                               |         |
| 21:00       | Dinner&Social party until the morning  |                               |         |

| Timetable   | Sunday 08/10/2017  | Presenter      | Chairman      |
|-------------|--|----------------|---------------|
| 08:30-9:00  | 08:30-9:00 <b>Bone turnover during exercise in children:</b> |                | Christoulas K |
|             | what bone resorption/formation markers                       |                |               |
|             | and exercise-induced osteokines can tell                     |                |               |
|             | us?  |                |               |
| 9:00-09:30  | A short history of PWP: 30 conferences in                    | Kemper H       | Kriemler S    |
|             | 50 years.  |                |               |
| 09:30-10:30 | Closing remarks  | Kotzamanidis C |               |

#### **Poster sessions**

Below please find the timeline for poster presentation.

Posters should be posted up to 15 minutes before each morning poster session.

The poster will be open for questions and discussions during a mid-day poster presentation session. The presenter is expected to attend and present his poster during this session.

### During this sessiona scientific committee will elect the Best Poster Student Awards.

Poster should be removed by the end of each day.

**Recommended poster size:** 33.1 X 46.8 inch or 84.1 x 118.9 cm

### Poster presentation October 4, 2017

|    | Name             | Abstract  |
|----|------------------|---|
| 1  | Hay John         | Sex differences in the relationship between self-efficacy and motor       |
|    |                  | performance in young children   |
| 2  | Piponnier Enzo   | Sex-related specificity of the neuromuscular adaptations to youth         |
|    |                  | obesity   |
| 3  | Takken Tim       | Fitness, adiposity, sports participation, and arterial stiffness in youth |
|    |                  | with chronic diseases or physical disabilities.                           |
| 4  | Bloemen Manon    | Physical activity in wheelchair-using youth with spina bifida: an         |
|    |                  | observational study   |
| 5  | Nixon Patricia   | Antenatal steroid exposure, physical activity, and arterial stiffness in  |
|    |                  | persons born with very low birth weight                                   |
| 6  | Mahon Anthony    | Cardiac vagal activity in boys and men at rest, during the onset of       |
|    |                  | exercise and during recovery  |
| 7  | Barker Alan      | Low-flow vasoreactivity in adolescents: Measurement reliability and       |
|    |                  | the effect of exercise intensity  |
| 8  | Tallon Christine | Ventilatory and cerebrovascular responses to hypercapnia in children:     |
|    |                  | Insight into the central respiratory chemoreflex                          |
| 9  | Cokorilo Nebojsa | Aerobic programme effects on anthropometric characteristics of            |
|    |                  | female students   |
| 10 | McManus Ali      | Assessment of dynamic cerebral autoregulation in children.                |
| 11 | Hillis Doug      | The effects of team selection on short-term sports participation.         |
| 12 | Arturo Osorio    | Assessment of skeletal maturation among adolescent female soccer          |
|    |                  | players: agreement between FELS and TW3 protocols                         |

## Poster presentation October 6, 2017

|    | Name                          | Abstract  |
|----|-------------------------------|---|
| 1  | Farkas Anna                   | Young swimmers and pentathletes - Acompariative study of the physique   |
| 2  | Bloemen Manon                 | Determinants of physical activity in wheelchair-using youth with spina bifida   |
| 3  | Bloemen Manon                 | Evidence for increasing physical activity in children with physical disability: A Systematic Review   |
| 4  | Illescas Calvin               | Preparticipation physical evaluation of youth in sports development program in Guatemala.   |
| 5  | Biltz George                  | Time series variability of steady state RER, tidal volume and VO2 show a common response to marathon training in older adolescents                                  |
| 6  | DontiOlyvia                   | Acute and long-term improvement of range of motion using intermittent and continuous static stretching training in preadolescent female athletes                    |
| 7  | Bretter Shiri                 | The effect of a six-week program using unstable surfaces for upper<br>body, on shoulders proprioceptive capability and strength among<br>young competitive swimmers |
| 8  | PatikasDimitrios              | The H-reflex after a maximal sustained isometric fatiguing contraction in boys and men  |
| 9  | Nilsson Robert                | Lack of performance predictive ability in common physiological tests in junior alpine skiers  |
| 10 | Panoutsakopoulos<br>Vassilios | Sport specificity background affects the principal component structure of vertical squat jump performance of post-pubertal adolescent male athletes                 |
| 11 | Panoutsakopoulos<br>Vassilios | Gender differences in ergometer rowing biomechanics and pacing strategies of club level adolescent rowers   |
| 12 | Cokorilo Nebojsa              | Analysis of body composition changes in physically active women relative to their age   |

|    | Name                               | Abstract   |
|----|------------------------------------|--|
| 1  | Prusov Petr                        | Change of growth and maturing rates of boys in puberty period, some determinants.  |
| 2  | SzmodisMárta                       | Reference data for ultrasound bone characteristics in Hungarian children aged between 7-19 years   |
| 3  | Howe Cheryl                        | Children's Physical Activity Step Rates: Activity Tracker vs. Direct Observation   |
| 4  | Machado-<br>Rodrigues<br>Aristides | Sedentary behaviour and its association with waist-to-height racio in a sample of female Portuguese children                                       |
| 5  | Moore Sarah                        | Is Somatic Maturity Delayed in Adolescents Living with Perinatally Acquired HIV?   |
| 6  | Machado-<br>Rodrigues<br>Aristides | Academic achievement and moderate-to-vigorous physical activity  |
| 7  | Zhang Zhiguang                     | The association of meeting physical activity, screen time and sleep guidelines with cognitive development among toddlers.                          |
| 8  | Armstrong<br>Victoria              | Lower limb vascular response to an acute bout of prolonged sitting in children   |
| 9  | Miliotis<br>Panagiotis             | A new reliable laboratory based performance test for adolescents   |
| 10 | Siegel Shannon                     | Can child motor performance tasks predict high school sport participation?   |
| 11 | Baltzopoulos<br>Vassilios          | Musculoskeletal biomechanics changes in children during growth and development and implications for muscle strength assessment and performance.    |
| 12 | Jürimäe J                          | Chronic exercise training does not influence inflammatory markers in pubertal girls: A comparison study between athletes and non-athletic controls |